



Low Residual Diet
Patient information

DR. DETTWILER

Foods to Eat:

White Breads
Meat
Dairy
Eggs
Pastas
Soups

Foods to Avoid:

Seeds
Peanuts
Whole grain Breads
Peas
Corn
Cucumbers
Pickles
Beans
Lettuce
Cabbage
Celery
Broccoli
Fruit skins
Onions
Peppers
Potato skins
Tomato skins